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AMTAS NEWSLETTER

Fall Reports



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Introduction

Hello, AMTAS members! We hope your Fall semesters have been going well and were full of enriching experiences so far. This Fall, AMTAS will continue to distribute our Newsletter in its traditional form as well as periodic blog updates. We hope our publications work to provide ideas and inspiration for your own region, as well as helpful information. Stay posted for more blog posts leading up to the 2018 National Conference in Dallas, TX.

"The purpose of AMTAS will be to promote, foster, and advance the education and training of its members."



Western Region

Our Western Region has certainly been very busy! Their 2017-2018 Project, Connections Student Conference, provided networking activities, an internship panel from two internship directors and two interns, two student presentations, and a keynote speaker on the topic of "advocacy in Music Therapy". The two student presenters were Rachel Quirbach from Arizona State University and Pam Richardson from Utah State University. On the internship panel, the two internship directors were Barbara Reuer and Leah Cruz. Accompanying them were interns Abi Christian and Julia Petry-Juarez. And last, but not least, their speaker was Kalani Das. For their 2018-2019 Project, Connections Student Conference, WRAMTAS will hold offer a student oriented session titled "Connections" to the students attending the 2018 Western Regional Conference prior to the Opening Ceremonies. This session will once again include networking opportunities, student presentations, an internship panel, and a keynote speaker.

project is entitled "Regional School Outreach". The goal of this project is to make students from within the GLR feel more involved and informed. The project has two parts. The first part is that a member from the GLR-AMTAS Executive Board will video-chat with each school organization/club to share about the happenings of GLR-AMTAS, as well as to share the importance of becoming a student member of AMTA. The second part of the project is that a monthly newsletter (Music Therapy Times) will be sent out during the last week of each month. GLR-AMTAS also held an online fundraiser to raise funds for our regional scholarship fund. They sold music therapy sweatshirts and pullovers. The GLR-AMTAS Executive Board is pleased with the funds raised, and they can't wait to help our fellow students attend regional conference in March 2019!

SouthEastern Region

This past term (2017-2018), the SERAMTAS Executive Board decided that the project be about advocacy for Music Therapy. Students of the programs within the region were asked to spread awareness of Music Therapy to their communities in their own creative ways. During the current term (2018-2019), the SERAMTAS Executive Board chose to continue on the endeavors of this project. Students of the region will be challenged to reach out to their own schools/communities to show what Music Therapy is as well as what it can do. There will be a video challenge to compete for best advocacy initiative as well as an Instagram account in which the board will share it with the different schools within the regional body to showcase them.

Great Lakes Region

The regional project that was implemented was the Gift of Music Grant. It was launched in January of 2018 was funded a private practice within the region who was in need of up to \$400 in funds. They are pleased to have had seven applicants and awarded the fund to Director Hilary Fredenburg from Alliance Music Therapy. This year's regional

New England Region

Our New England Region is currently planning for their third Annual Fundraising/Advocacy event. This year's event will be an outdoor concert targeted towards music therapy students, families, professionals, and the general public. They have also been planning for Passages at the 19th Annual Student and New Professional Music Therapy conference which will be held at Lesley University in Cambridge, Massachusetts on Oct. 27. This conference will incorporate a theme of "navigating crossroads of perspective" to address the increasing polarity in today's society. NER AMTAS has also been active on social media to keep students updated on events going on at and around the three schools, as well as opportunities for presenting, performing, and earning scholarships. In an effort to increase student engagement and encourage leadership development, the NER-AMTAS Executive Board has instated a Student Community Engagement

SouthWestern Region

SouthWestern's 2018-2018 Regional Project, Music Therapy in the Community, had a wonderful turnout! They were able to have several of their schools participate in creating an advocacy event, and they also shared the events on their SWAMTAS social media page. Many schools in their region chose to do an advocacy week on their campus with various activities to share with others about music therapy. Events involved community drum circles, SINGO night, sharing on campus at tables, and just talking about music therapy to others was documented and shared through social media. This year, SWAMTAS's regional project will be called Communication and Connection. They would love to be able to build a stronger sense of communication throughout their region, therefore creating more connections with students and professionals. This can help not only with the educational part of careers, but also help build a stronger group of professionals for further down the road.

Committee aimed towards planning regional events that bring students from the three schools together to share knowledge and gain experience in a no pressure environment. NER-AMTAS has also instated a Video Masterclass Committee as part of this year's advocacy work. Committee members will be responsible for organizing professional student presenters to teach/share 5-10 minute videos on their favorite music therapy skill or story. Video will be posted to NER-AMTAS social media pages and stores on their website for future reference. Last but not least,, NER_AMMTAS is testing a new tiered giving program to be unveiled at Passages in the fall. As part of this endeavor, donors will be given the opportunity to contribute a meaningful song to a cumminity art project. These contributes will later be developed into a regional playlist.

MidWestern Region

During the 2017-2018 year, MWRAMTAS hosted the second Cadzena 5K, a fundraiser and advocacy race that occurred with the AMTA National Conference in St. Louis, MO. A successful turnout, money raised went to student scholarships, but it also raised positive responses from the local community members who also participated in the race. The professional of music therapy made strong allies during this event. In hopes of continuing this success, MWRAMTAS is teaming up with the students of the Southwest region to host the Cadenza 5k again, this time in Dallas, TX during the 2018 AMTA National Conference. The race will be run in Trinity River Park, a walkable couple of blocks from the conference hotel. It will be held on Saturday, Nov. 17 at 7:00PM. On Oct. 27, 2018, MWRAMTAS also held a regional volunteer day called "#MWRServiceDay"/ Students from schools throughout the region volunteered their time to a need identified in their community. At the 2018 Regional Conference, MWRAMTAS were pleased to award a grant allowing a student from Concordia University to attend conference. This was presented to Jacob Sumpter, who was the first conference representative from the newest music therapy program in the region.



Focus on: Social Media

Get connected to music therapy students across the country via social media! AMTAS has a Twitter account, Facebook page, and Instagram full of inspiration and ideas for your student organization or region. Through our social media, see what students from all over the country are doing to promote music therapy. We now feature different hashtags for each day of the week. Monday is now "#MemeMonday," to start the week off with positivity by providing our followers something funny and music therapy related. Tuesday is "#TuesdayTools", for helpful instruments, tools, books, and podcasts that is essential for music therapy. Wednesday is "WorkingWednesday", where we will post a link to an interesting research article or informational resource reading music therapy. Thursday is the day for "#ThursdayInternDay", to showcase available internships across the country. Friday is "#FridayFun", songs that could assist in expanding repertoire for certain populations. Saturdays are for "#ScholarshipSaturdays", where we will post information on scholarships or internships that have stipends. Last but not least, "#Spotlight Sundays. This is where we will be posting various spotlights on a school or a music therapy student somewhere in the country. We work hard to provide bridges between music therapy students and schools all across the country, so check us out and send us submissions!

SOCIAL MEDIA ACCOUNTS

WEBSITE: www.amtas.org

INSTAGRAM: @_AMTAS_

FACEBOOK: American Music Therapy Association for Students

TWITTER: @AMTAS

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