

American Music Therapy Association Students Passages



NAVIGATING MUSIC THERAPY:

Empowering students through advocacy,
research, creative outlets,
and supportive spaces.

October 7, 2023 | 12pm - 2:30pm EST



EVENT OUTLINE

12:00 pm

Keynote Address
Connecting the Dots:
Finding the Way to
MT-BC

1:00 pm

Student Presentation
Listen, Breath, Move:
A Student's Experience
Conducting a Music
Therapy and
Movement Workshop
for Informal Caregivers

1:45 pm

Student Presentation
Developing a Pilot
Virtual Bereavement
Program for Adults as
Intern



[Event access, click here to join 2023 Passages!](#)

THANK YOU

to our event partners



Keynote Presentation

Connecting the Dots: Finding the Way to MT-BC

The music therapy field is an inspiring, creative and innovate space that is growing worldwide every day. Students often look at the futures with excitement as they anticipate the lives they will impact through their music therapy career. However, being a board-certified music therapist is not easy. From unpaid internships and competitive job opportunities to being underpaid and the constant need for advocacy, the path to music therapy work is rarely clear or simple to navigate. New music therapy professionals and MTPT Podcast hosts, Danielle Caldwell and Morgan Maxwell discuss challenges that music therapists face as they transition from student to intern, intern to professional, and professional to the beyond. By sharing their experiences and the lessons they learned the hard way, Danielle and Morgan will disclose how they connected the dots through their transition into MT-BC and how they continue to manage life as board certified music therapists. The authentic discussion will equip music therapy students with knowledge and tangible steps to cope through their own transition as they navigate the leap from student to professional.



Keynote Presentation

Meet your keynote presenters!

Dannielle Caldwell, MT-BC she/her



Dannielle is a board certified music therapist in Jacksonville, FL, where she lives with her husband Tyler and precious dog, Joy! Dannielle is a pediatric music therapist working in hematology/oncology and behavioral health, and has been working at her children's hospital for a little over a year. Dannielle additionally just celebrated the 2 year anniversary of being board certified, and has developed a love/hate relationship with navigating the world of being a new professional. In addition to practicing music therapy, Dannielle has a passion for music therapy students, leading her to create Music Therapy Education Now, a social media page dedicated to music therapy education and advocacy, and co-host the Music Till Proven Therapy Podcast. Lastly, Dannielle is pursuing her Masters of Music Therapy at Texas Woman's University, and looks forward to continuing her growth as a music therapist

Morgan Maxwell is a medical music therapist who specializes in critical care, medically complex patients, and individuals with ASD. Morgan's passion in music therapy is founded in helping individuals feel seen and known. She is in the process of obtaining her Master's Degree in Music Therapy from Duquesne University. Morgan actively advocates in and outside of her hospital system, supporting music therapy on a community level. She is the cohost of MTPT Pod, a podcast created to support the gap from student to professional. She works in the Pediatric Intensive Care Unit, Cardiovascular Intensive Care Unit, and Outpatient Behavioral Health areas. Her current position allows her to engage in program development, direct patient care, and peer supervision. Through her work as a Board Certified Music Therapist, she honors her passion for pediatric patients and their families.



Morgan Maxwell, MT-BC, NICU-MT she/her

Student Presentation

Listen, Breath, Move: A Student's Experience Conducting a Music Therapy and Movement Workshop for Informal Caregivers

This presentation describes the experience of an Undergraduate Research Assistant (URA) in a combined music therapy and gentle movement workshop for informal caregivers' health and wellbeing, delivered via telehealth. Lessons learned and information on the experience as URA working with two evidenced-based disciplines will be described

Maggie Ford (she/her) is a senior Music Therapy student at East Carolina University with a minor in psychology. Maggie became interested in music therapy as the field combined both her love of music and the opportunity to work with individuals with exceptionalities. Now through her practicum experience and class work, Maggie appreciates using music for all individuals across the lifespan with various needs. Maggie enjoyed her time over the summer working as a music therapy undergraduate research assistant on a workshop for Informal Caregivers called, "Listen Breath, Move", where she facilitated the music relaxation techniques such as guided breathing with music and music-assisted relaxation. Maggie was supported through the guidance of Dr. Steiner-Brett, Assistant Professor of Music Therapy, and Dr. Das, Associate Professor of Kinesiology, as well as Ashby Dickerson, kinesiology undergraduate researcher. Outside of the classroom, Maggie serves as the President of the Music Therapy Organization at ECU, and President of Student Forum of Musical Organizations in the School of Music. In her free time, Maggie gives music lessons, embroiders, drinks lots of tea, and enjoys singing with her roommates.



Maggie Ford, she/her

Student Presentation

Developing a Pilot Virtual Bereavement Program for Adults as Intern

Program development is an essential skill for music therapists yet often overlooked. As it can be a daunting process, we hope to prepare music therapy interns to initiate programs by presenting our own process in developing a pilot virtual bereavement group while offering future suggestions and directions from interns' perspectives



Rina completed her music therapy internship at Mount Sinai Beth Israel in NYC and was certified this June. She is currently completing her Second B.A. in Psychology at Montclair State University. She aims to research music and the brain through her graduate study and apply the knowledge to clinical, educational, and community settings!

Rina Tabuchi, MT-BC
(she/her)

Jessie Ku is a Board Certified Music Therapist with a Master of Arts in Music Therapy from New York University. She has also received a Bachelor of Music in Piano Performance along with a minor in Psychology from New York University. Through her internship and fieldwork experiences, Jessie has worked with an extensive range of clients, witnessing the benefits of music therapy in medical settings. She worked with children in acute medical care during her fieldwork placement at the Children's Hospital at Montefiore as well as adults in inpatient psychiatric units at NYU Langone. During her internship at the Louis Armstrong Center for Music Therapy at Mount Sinai Beth Israel, she worked with adult and geriatric clients in radiation oncology, inpatient palliative care, and general medicine. While working in palliative care, Jessie saw the need to provide bereavement support to family and caregivers of deceased palliative care patients. To fill the need, she co-developed a virtual bereavement group creating a space where members can share their feelings and unique grief experiences through music. She hopes to continue implementing new music therapy programs and is motivated to conduct research to further develop the field and provide the best clinical care.



Jessie Ku, MT-BC
(she/her)

STUDENT BUSINESS

Please join us for our annual AMTAS student business meetings. These meeting will take place virtually. Visit [AMTA-U](#) to register for the meetings.

Meetings will contain



ANNOUCMENTS



VOTING



CONNECTION

Thank you for your support!

We are grateful for the opportunity to continue serving the AMTAS community through Passages 2023. With gratitude we would like to formally thank our professional / student presenters, event partners, executive board planners, AMTAS advisors, and student community members.

To continue to supporting the American Music Therapy Association Students connect with us on



Website

<http://www.amtas.org>



Facebook

[American Music Therapy Association for Students](#)



Instagram

[@_AMTAS](#)